

WHO AM I?

Jean Klein, a musicologist and doctor from Central Europe, spent his early years inquiring about the essence of life. He had the inner conviction that there was a 'principle' independent of all society and felt the urge to explore this conviction.

His exploration led him to India where he was introduced through a 'direct approach' to the non-mental dimension of life. Through living in this complete openness, he was taken, one timeless moment, by a sudden, clear awakening in his real nature. It was not a mystical experience, a new state, but the continuum in life, the non-state in light of which birth, death and all experience take place.

From 1960 he led a quiet life teaching in Europe and later in the United States.

WHO AM I?
THE SACRED QUEST

Jean Klein

*Compiled and edited by
Emma Edwards*

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